



## SIMPLE COMPOSTING

HEAL THE PLANET INVITES YOU TO PARTICIPATE IN OUR COMPOSTING INITIATIVE TO CREATE A MORE REGENERATIVE AND HEALTHIER PLANET.

### WHY COMPOSTING?

To divert organic matter from the landfill, convert “waste” into energy, return life to the soil, and form a regenerative relationship with our planet.

Simply place the items listed below in your composting bin. When bin is full, bring outside and follow the advice given for your selected method of composting.

### Put this in your bin

- ❖ Fruits
- ❖ Vegetables
- ❖ Egg Shells
- ❖ Nuts & Grains
- ❖ Tea & Coffee Grounds
- ❖ Flowers & Plants
- ❖ Paper Towels
- ❖ Paper Towel Roll
- ❖ Toilet Paper Roll
- ❖ Napkins & Tissues
- ❖ Cardboard & Paper
- ❖ Compostable/Paper To-Go Items

If you have any questions, please contact us:  
[megan@healtheplanet.com](mailto:megan@healtheplanet.com)