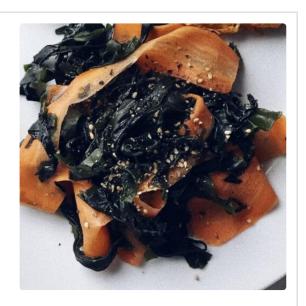
# **Wakame Seaweed Salad**





TOTAL TIME

20 mins



COURSE

Salad, Side Dish



**SERVINGS** 

2

### **EQUIPMENT**

• High Speed Blender

## **INGREDIENTS**

### **Salad Ingredients**

- 1 Cup Dried Wakame Soaked for 20 Minutes in Water
- 2 Carrots Peeled with Potato Peeler
- 1/2 Bunch Cilantro Diced
- 2 Green Onions Sliced Thin

### **Sesame Dressing**

- 1/2 Cup Sesame Dressing
- 1/4 Cup Apple Cider Vinegar

- 1/2 Cup Coconut Aminos
- 1/4 Tsp Sea Salt
- Pinch of Chili Flakes

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1. Drain wakame and combine with cilantro, carrot and green onions in large bowl.

Blend all dressing ingredients on high until smooth.

Dress salad and mix well.

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**KEYWORD** 

salad, seaweed, wakame