

# Wakame Seaweed Salad



TOTAL TIME

20 mins



COURSE

Salad, Side Dish



SERVINGS

2

## EQUIPMENT

- High Speed Blender

## INGREDIENTS

### Salad Ingredients

- 1 Cup Dried Wakame - Soaked for 20 Minutes in Water
- 2 Carrots - Peeled with Potato Peeler
- 1/2 Bunch Cilantro - Diced
- 2 Green Onions - Sliced Thin

### Sesame Dressing

- 1/2 Cup Sesame Dressing
- 1/4 Cup Apple Cider Vinegar

- 1/2 Cup Coconut Aminos
- 1/4 Tsp Sea Salt
- Pinch of Chili Flakes

## INSTRUCTIONS

---

1. Drain wakame and combine with cilantro, carrot and green onions in large bowl.

Blend all dressing ingredients on high until smooth.

Dress salad and mix well.



KEYWORD

salad, seaweed, wakame