

Vegan Chocolate Shake



PREP TIME

5 mins



SERVINGS

1 16 oz

EQUIPMENT

- Blender

INGREDIENTS

- 2 Frozen Banans
- 3 Medjool Dates
- 12 oz Almond Milk
- 1 Tbsp Cacao Powder
- Pinch Sea Salt

INSTRUCTIONS

1. Add almond milk, dates, bananas, cacao powder and sea salt to blender.

Blend til creamy and enjoy!

Optional Add-ins:

Cacao Nibs

Chia Seeds

Organic Oaats

Spinach, Kale

