

Homemade Almond Mylk

5-Minute Nut Mylk Recipe



PREP TIME

5 mins



SERVINGS

36 oz

EQUIPMENT

- Blender
- Nut Milk Bag (optional)

INGREDIENTS

- 1 Cup Soaked Raw Almonds (soak for 6-8 hours or overnight)
- 4 Cups Water
- 3 Pitted Dates
- 1/2 Tsp Vanilla Extract
- Pinch Salt

INSTRUCTIONS

1. Add all ingredients to blender and blend until smooth. Strain through nut milk bag, cheese cloth or strainer to remove pulp.

