

Cacao Nib Mint Smoothie

Delicious & Nutritious



TOTAL TIME

5 mins



COURSE

beverages, Breakfast, Dessert



EQUIPMENT

- High Speed Blender

INGREDIENTS

- 1 1/2 Cups Nutmilk of Choice
- 1 Frozen Banana
- 1 Cup Fresh Spinach
- 1/4 Avocado
- Handful of Fresh Mint Leaves
- 1/2 Cup Crushed Ice
- 1 Tbsp Cacao Nibs

INSTRUCTIONS

1. Add all ingredients except cacao nibs to high speed blender and blend until smooth. Add cacao nibs and briefly pulse (don't completely puree the chocolate otherwise the color of the smoothie will turn brown).

Enjoy!

