

Fort Lauderdale, FL – **Sunday, April 21, 2024** is the **9th ANNUAL HEAL THE PLANET DAY** – a fantastic and meaningful outdoor festival at Esplanade Park located in Fort Lauderdale, hosted by the non-profit organization, Heal The Planet.

Join us to celebrate Earth Day and teach children about environmental stewardship, nutrition, sustainability, ecology, health and wellness, and mindfulness. Come out and take a picture with our amazing 25-foot Globe!

This event takes place from **10:00 am – 4:00 pm** and is an engaging event for people of all ages and walks of life with many different activities to choose from:

- Grow Your Own Zone – Join us to learn about sustainable gardening practices.
- Wellness Zone – Come learn about various relaxation techniques to help with stress management.
- Kids Zone – Complete with face painting, meaningful and fun art projects, mindful movement for kids, and more.
- Great Music, Speakers, Workshops, Healthy Food Choices, and much more!

“Events like Heal The Planet Day offer children and families the opportunity to expand their thinking and learn about ways they can play a part in creating the kind of planet they would like to see,” says Heal The Planet Founder, Ken Fisher. “Besides that, it’s full of fun, interactive, and experiential activities.”

The **9th Annual Heal The Planet Day** is a community-based event designed to facilitate big conversations, connections, and programs amongst partner organizations and participants in South Florida in 2024 and beyond.

WHAT IS THE PURPOSE OF HEAL THE PLANET DAY?

This event seeks to:

- Bring together people from diverse walks of life to find innovative solutions to the most pressing issues facing our Planet.
- Introduce participants to experiential learning opportunities in the fields of Wellness, Sustainability & Environmental leadership;
- Inspire and raise Young Planet Leaders through meaningful educational activities;
- Support local, sustainable vendors & workshop presenters in our interactive zones
- Showcase the efforts of companies demonstrating environmental leadership

Small Acts, locally can create a Huge Impact and make a big difference in offering solutions to global challenges. The first Earth Day on April 22, 1970, activated 22 million Americans in celebration of clean air, land, and water.

To find out more about Heal The Planet Day or to become a sponsor, please contact Noelia Suarez at [**Noelia@healtheplanet.com**](mailto:Noelia@healtheplanet.com).

Date: Sunday, April 21, 2024

Time: 10:00 AM – 4:00 PM

Cost: **FREE**

Location: **Esplanade Park, Fort Lauderdale (400 SW 2nd St, Fort Lauderdale, FL 33312)**